



Find the greatness within

The NuVoWay

- A global initiative with a mission being to help every person on the planet to live their best life.
- Founded completely on the principle of love for everyone and everything.
- Based upon developing a rock-solid foundation of mindfulness, meditation and movement upon which to build a strong, vibrant life.
- Completely holistic, helping every person to be their best in all areas of life.
- Integrating a collective of some of the kindest, most caring, loving, intelligent people from a variety of disciplines.

Developing the Prototype

- Starting in Montreal, Canada
- Developing a network of 100 **NuVoWay LifeStyle Coaches** across an area in West End Montreal of approximately 250,000 people (2.500 people/NWLSC). Reaching down to touch every person across the Territory regularly.
- 4 Campuses/Meeting Places across the Territory. Regular fitness activities (aerobics classes, strength training classes, yoga, circuit training...) Monday -Saturday in the morning, afternoon and evening. Sunday Services from 10-11am and 2-3pm. Also 'love building' activities including seminars, concerts, plays, art shows and classes...

Growing Rapidly Outward

- Duplicating our successes across Montreal, Canada and the world.
- All that is necessary for growth is finding people who are **being** love in their area and want to assist others to do likewise.
- Objective of being operational in over 100 world centres by July 1, 2025.

NuVoWay.ca

Leading a health, fitness and LifeStyle revolution.