Dear friends,

I hope this message finds you all enjoying this marvellous weather! Things have been progressing on all fronts as related to the development of all the action areas of NDG Project. To see the big plan, please consult NDG Project Plan.

The NuVoWay represents my aim of assisting every person towards living out their absolute best life. The first area we will be developing is Montreal's West End, an area of greater than 250,000 residents. We will develop a connected network of 100 NuVoWay LifeStyle Coaches who will take the entire program to every person in the territory. To see more about the this, please look through the documents provided here: The NuVoWay Documents.

One of the main areas of my efforts involve helping our society to move towards having/offering free products and services in as many areas as possible. I see this as essential in the effort to bring equality to all people. To this end, we are working to develop the BuyNothing NDG group into something very large for the community. I would greatly appreciate it if you would check out my page as well as the BuyNothing NDG Facebook group, sign up and contact me if you have any questions.

Below is a list of larger areas I am in the process of pushing forward with:

- **Eden House** This is something to assist the areas' marginalized community. You can read all about it on the page. I have spoken with many people about this and have people lined up to volunteer their services. I see this as taking up 1/2 of the former Salvation Army location on Sherbrooke at Wilson.
- <u>NuVoWay Community Centre</u> West End South This is a multifunctional space where fitness
 activities, community events and Sunday gatherings would be held. I see this as taking the other
 half of the Salvation Army space.
- <u>Buster's Playhouse Saloon</u> This is a new concept bar/saloon. The goal would be not to make money off this venture, but to break even all the while providing an incredible product for our clients and to educate and inform people about Doug Harvey the world's greatest athlete. The perfect place I see for this is the former Akhavan grocery store site on Sherbrooke at Grand.
- <u>NuVoWay LifeStyle Centre NDG</u> The plan is to develop this using the existing Monkland Tennis Club facility as well as part of the northernmost LCC field.
- <u>Doug Harvey Arena</u> Development of the facility increase seating to 1,000 and improve food and beverage service (potentially serviced by Buster's Playhouse Saloon). Get a women's professional hockey team for the arena.
- Montreal Expos Development of Blue Bonnets to include a new stadium as well as a 'village'
 of lower cost housing.
- The Empress Theatre Development of the site to include performance stages, a resto/cafe as well as social housing.

I would greatly appreciate your support and assistance with these. Let's work together to make NDG and the West End a true Heaven on Earth!

Hope you have a wonderful week!

All my best,

Your life is your message

Ross Harvey